

Dear Dormitory Operator,

Health Advisory: Rising ARI Cases and Recommended Public Health Actions

Over the past two weeks, we have observed an increase in the number of migrant workers (MWs) staying in dormitories reporting sick for acute respiratory infections (ARI).

2. We would like to inform you and the MWs under your care about the following public health actions to be taken to reduce the risk of contracting ARI. MWs should report sick early if feeling unwell. Please refer to the public health actions in Table 1 below.

Table 1: Public health actions

Common ARI related symptoms	Cough, runny nose, fever, sore throat, headache, and muscle ache
Reporting Sick	<ul style="list-style-type: none"> MWs displaying the above ARI symptoms are strongly encouraged to report sick to their closest Medical Centre for Migrant Workers (MCMWs) or via Telemedicine through FWMOMCare app for early medical attention.
Practise good personal hygiene: Mask-wearing and Hand Washing	<ul style="list-style-type: none"> MWs who are unwell, especially with ARI symptoms, should wear a mask. Currently, wearing of masks is required at the Onboard centre and at healthcare facilities such as MCMWs. MWs are encouraged to wear masks in crowded places such as public transport, or when visiting or interacting with vulnerable persons^[1]. MWs are encouraged to wash their hands regularly with soap and water.
Vaccination for flu and COVID-19	<ul style="list-style-type: none"> As we approach the year-end influenza (flu) season, MOH has recommended for MWs living in dormitories to receive the flu vaccination. We seek all dormitory operators to strongly support your MWs in the dormitories to get vaccinated for flu. More details will be disseminated soon. MOH has also advised that COVID-19 vaccination continues to protect individuals against severe disease. Maintaining high vaccination rates is a key defence against COVID-19 transmission in the dormitories. MWs are encouraged to take the monovalent COVID-19 vaccine at the <u>locations here</u> for better protection against severe disease and minimise risk of transmission, one year after their last dose.

Reporting Sick for ARI symptoms

3. We have also designed a poster to help our MWs better understand the necessary precautions they should take if they experience ARI symptoms and remind them to report sick to their closest Medical Centre for medical attention. This will reduce the spread of ARI pathogens in the dormitories and protect the health of our migrant workers for work.

4. Please visit <https://go.gov.sg/acegrp-seeadoctorifyouaresick> to view and share the poster with your migrant workers.

5. For more queries, you can contact MOM at <http://www.mom.gov.sg/efeedback>. Please do not reply as this is an unmanned email address.

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^[1] Symptomatic vulnerable MWs refer to those with ARI symptoms, those who are aged >60 years, on dialysis, immunocompromised or with multiple chronic conditions.

Subscribe to ACE Group's Telegram channel for employers and dormitory operators by clicking on this [link](#), or by scanning the QR code below.

